Ruth McGahan GJFC H&S Officer report season 2022/ 2023

1. Introduction

It's been my second full season as Health and Safety Officer and I would again like to take the opportunity to thank everyone involved in the club for their support and engagement throughout the season. I look forward to another season in the role, the approval of the AGM attendees permitting.

Please contact me via email <u>healthandsafetyofficer.gjfc@hotmail.com</u> or WhatsApp if you have any queries or require support or advice regarding Health and Safety.

2. Updated and reviewed H&S Forms/documents for 2023 / 2024

Please ensure that you are using the current version of any forms and documents, including the risk assessment template. These are available on the website. I have updated the forms to reflect the current status of the Child Welfare Officer position, removed the remaining references to COVID-19, and removed/updated links where applicable. A full record of change is available on request. No changes to the Head injury letter or the Medical Emergency Action Plan (individual) document.

3. Accident reports

I have received reports for 4 accidents that have occurred during the 2022/2023 season at the time of writing. I would like to thank the managers involved in the incidents for submitting accident forms in line with procedure. I would encourage managers to complete an accident form in the event of an accident. These forms are for our records, and those of WRCFA if required, and allow us to support you in your role. The current form has been made available to you ahead of the AGM.

4. First Aid

If you have not got an up to date First Aid qualification, please make arrangements to book on to a course as soon as possible. The link for the FA online courses is below.

Courses | England Football Learning

5. Head injuries and concussion

The FA also has a lot of resources regarding head injuries and concussion, including a free course that covers the latest guidance.

Concussion Guidelines | England Football Learning

6. GJFC AED / Defibrillator Changing Rooms Shaw Lane

Unfortunately the Defibrillator at the Shaw Lane facility is still out of action. I have been in contact with one of our local councillors, who has confirmed that the damage to the roof was more extensive than first thought and that the council do not currently intend to fund the repairs to the building roof. This is particularly frustrating as I have secured funding for a new cabinet through a council initiative. I will keep you updated if there is any progress towards reinstating the changing room facilities and the Defibrillator.

A list of the other local defibrillators can be found in the Medical Emergency Action Plan (Guidance) document.